

Course description

Course abbreviation:	KOS/P2PSY	Page:	1 / 2
Course name:	Psychology		
Academic Year:	2023/2024	Printed:	25.05.2024 09:48

Department/Unit /	KOS / P2PSY			Academic Year	2023/2024
Title	Psychology			Type of completion	Course-credit
Long Title	Psychology				
Accredited/Credits	Yes, 2 Cred.			Type of completion	
Number of hours	Lecture 28 [Hours/Semester] Tutorial 9 [Hours/Semester] Seminar 2 [Hours/Semester]				
Occ/max	Status A	Status B	Status C	Course credit prior to	NO
Summer semester	65 / -	0 / -	0 / -	Counted into average	NO
Winter semester	0 / -	0 / -	0 / -	Min. (B+C) students	not determined
Timetable	Yes			Repeated registration	NO
Language of instruction	Czech			Semester taught	Summer semester
Optional course	Yes			Internship duration	0
Evaluation scale	S N				
No. of hours of on-premise					
Auto acc. of credit	No				
Periodicity	K				
Substituted course	UZS/P2PSY				
Preclusive courses	N/A				
Prerequisite courses	N/A				
Informally recommended courses	N/A				
Courses depending on this Course	KOS/P3PSY				

Course objectives:

The aim of the course is to provide students with basic information from the field of general, developmental and social psychology, to familiarize them with the essence of personality with an emphasis on the personality of the patient.

Requirements on student

Fulfilling the mandatory 80% participation in exercises.
Completion of a written test or an oral examination as decided by the subject guarantor.

Content

Psychology as a scientific discipline.
Methods of knowing mental life.
Mental processes.
Introduction to personality psychology.
Theory of personality.
Personality traits - innate.
Personality traits - acquired.
Personality recognition.
Basics of social psychology - socialization, social learning.
Social group, influence of the group on the individual.
Social perception, perceptual stereotypes.
Social attitudes, their formation and changes.
Prosocial behavior.

Working with your own personality. Self-confidence. Self-reflection. Personal growth.
Mental health care. Development of own resistance. Working with own resources. Development of character strengths.
Basics of supervision. Social support.
Working with a person in crisis (illness, change, pain, death). Basics of crisis intervention.

Empathy training, listening, emotional support in a crisis.

Prerequisites - other information about course preconditions

Competences acquired

The student is able to explain the position of psychology as a science in a system of social sciences, is able to analyze mental activities, processes, and states and their disorders. Through learning about his/her personality, he/she is able to better understand other people. He/she understands the differences of the human psyche in individual stages of development. He/she is able to use basic techniques of management of stressful situations.

Fields of study

Guarantors and lecturers

- **Guarantors:** Mgr. Radka Skorunková, Ph.D. (100%)
- **Lecturer:** Mgr. et Mgr. Michal Kopecký (71%), Mgr. Radka Skorunková, Ph.D. (29%)
- **Tutorial lecturer:** Mgr. Markéta Čápová (100%), Mgr. Iryna Matějková, DiS. (100%)

Literature

- **Basic:** ŘÍČAN, P. *Psychologie*. 3. vyd. Praha: Portál, 2009. 300 s., 2009, 2009.
- **Basic:** ŘÍČAN, P. *Psychologie osobnosti*. 6. vyd. Praha: Grada Publishing, 208 s., 2010.
- **Basic:** VÁGNEROVÁ, M. *Vývojová psychologie*. 2. vyd. Praha: Portál, 536 s., 2012.
- **Basic:** ZACHAROVÁ, E., ŠIMÍČKOVÁ - ČÍŽKOVÁ, J. *Základy psychologie pro zdravotnické obory*. 1. vyd. Praha : Grada publishing, 288 s., 2011.
- **Recommended:** ČÍŽKOVÁ, J. *Poznání duševního života člověka*. 4. vyd. Olomouc: Vydavatelství UP, 106 s, 2012.
- **Recommended:** KŘIVOHLAVÝ, J. *Psychologie zdraví*. Vyd. 3. Praha : Portál, 279 s., 2009.
- **Recommended:** VÁGNEROVÁ, M. *Psychopatologie pro pomáhající profese*. 1. vyd. Praha: Portál, 2012.
- **Recommended:** HEYESOVÁ, N. *Základy sociální psychologie*. 7. vyd. Praha: Portál, 168 str., 2013.

Teaching methods

Monologic (reading, lecture, briefing)
 Dialogic (discussion, interview, brainstorming)
 Skills training
 Stimulating activities (simulation, games, drama)

Assessment methods

Student performance assessment
 Didactic test
 Discussion
 Systematic monitoring

Course is included in study programmes:

Study Programme	Type of	Form of	Branch	Stage	St. plan v.	Year	Block	Status	R.year	R.
General Nursing	Bachelor	Full-time	General Nursing	1	2021	2023	Povinné předměty	A	1	LS
General Nursing	Bachelor	Full-time	General Nursing	1	2022	2023	Povinné předměty	A	1	LS
General Nursing	Bachelor	Full-time	General Nursing	1	2023	2023	Povinné předměty	A	1	LS
General Nursing	Bachelor	Full-time	General Nursing	1	2020	2023	Povinné předměty	A	1	LS
Nursing	Bachelor	Full-time	General nurse	1	2014	2023	Povinné předměty	A	1	LS